



Recovering from Surgery:
WHAT TO EXPECT

- Depending on the procedure and how well you recover, the average stay after surgery is 45 minutes to an hour.
- You will receive verbal and written follow-up care instructions, as well as phone numbers to use if you have any questions or concerns after discharge.
- Snacks and beverages will be provided following your procedure.
- Once you are in stable condition, you will be discharged via wheelchair and must be accompanied by a staff member. It is normal to experience sleepiness, dizziness, and/or nausea for 12 to 24 hours after surgery.
- DO NOT PLAN TO DRIVE yourself home or use public transportation after your procedure. A friend, relative or dedicated caregiver must accompany you home and stay with you for 24 hours.
- If you have any questions or concerns, please call your surgeon. A nurse will call you the day after your procedure (or on a Tuesday if your surgery was on Friday) to answer any questions and to see how you are feeling.
- Please complete the Patient Satisfaction survey that will be sent to you via e-mail. We appreciate any recommendations for improvement and would love you hear about your experience.